# The 4-H Network
Connecting all of Kern County

## HIGHLIGHTS IN THIS ISSUE

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Do you have a photo for the newsletter? E-mail photos to vaslaton@ucdavis.edu

### NEWSLETTER DEADLINE!
Articles/photos for the next issue of The 4-H Network must be received by February 20th

Kern County 4-H
1031 S. Mt. Vernon Avenue
Bakersfield CA 93307-2851
Phone: 661-868-6200
Fax: 661-868-6208
cekern@ucdavis.edu

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## FEBRUARY 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Organizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>11</td>
<td>Horse Field Day</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>16</td>
<td>*Rabbit Meeting, 7:00 p.m.</td>
<td>Jana Goens 661-588-2094</td>
</tr>
<tr>
<td>20</td>
<td>UCCE Office closed for President’s Day</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>27</td>
<td>*Horse Leader Meeting, 6:30 p.m.</td>
<td>Chris Diniz 661-213-4518</td>
</tr>
<tr>
<td>28</td>
<td>*Leader Council, 7:00 p.m.</td>
<td>Chris Diniz 661-213-4518</td>
</tr>
</tbody>
</table>

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA*

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## MARCH 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Organizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>17</td>
<td>Horse Show</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>20</td>
<td>*Horse Medal Testing, 6:30 p.m.</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>21</td>
<td>*Leader Orientation Meeting, 6:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>21</td>
<td>*Record Book Workshop, 7:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>23</td>
<td>DUE: Entries for Presentation Day</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>26</td>
<td>*Horse Leader Meeting, 6:30 p.m.</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>27</td>
<td>*Field Day Planning Meeting, 6:00 p.m.</td>
<td>Christopher Diniz 661-213-4518</td>
</tr>
<tr>
<td>27</td>
<td>*Leader Council, 7:00 p.m.</td>
<td>Christopher Diniz 661-213-4518</td>
</tr>
<tr>
<td>29</td>
<td>East Kern Record Book Training, 6:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>30</td>
<td>UC Cooperative Extension Closed for Cesar Chavez Day</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>31</td>
<td>Presentation Day, Rabbit Showmanship and Pizza Contest, General Shafter School, 1825 Shafter Road, Bakersfield, CA 9:00 a.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
</tbody>
</table>

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA*
Kern County 4-H Music Students:

Kern Co. 4-H will be offering a music project program for the 2011-2012 year. We will have county wide music project meetings to meet the 6 hour requirement. You can also include your music performances on your project report. You do not have to play an instrument to take this project.

Our first meeting will be attending the Bakersfield Symphony on Feb 11, 2011. We will attend the preview at 7 PM and the concert at 8 PM. This will count as 2 meetings. I will have student passes for the Symphony so the cost will be only $5.00! Parents may also attend for the $5.00 charge. Concert attire is required, no jeans and T-Shirts! Nice slacks and shirt for either the girls or boys or a nice dress for the girls. We will meet in front of Rabobank Theater at 6:30 to give us ample time to purchase tickets and get our seats.

There will also be a Music Review competition in Harvest Hall during Fair time. There will be awards for the competition and final details are still being worked on. More information about the fair as it becomes available.

The bronze level study guide for medal testing will be online shortly, so check on the 4-H site for it.

If you have any questions, my email is four-hmom@bak.rr.com. Please feel free to contact me.

I look forward to a fun year studying music together!

Jenine Snoddy

Online 4-H Livestock Judging Videos

Iowa State University has placed some livestock judging videos for 4-H members and leaders to use in selecting project animals. The species posted include beef, meat goat, sheep and swine. You can watch the videos by going to this web address and entering your email address: http://www.extension.iastate.edu/4h/livestockjudging/

PROJECT Y.E.S.

Project Y.E.S! is a national internship program engaging college students in service to meet the needs of military families. Specifically, Project Y.E.S! expands the resources of the Yellow Ribbon Program (YRP) and other youth & teen oriented programs. Project YES interns will work with an assigned professional mentor throughout their year of service and complete a community- or service-based project. Project Y.E.S! is looking for interns who would like to participate in a year of service through this program. If you are interested, visit: http://militaryfamilies.extension.org/yes-intern-program/ for more information and application materials. Deadline to apply is Feb 29, 2012.
4-H WEBSITES
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

4-H ENROLLMENT WEBSITE
https://california.4honline.com

4-H VOLUNTEER WEBSITE
http://ucanr.org/4-hvolunteers/

LOCAL 4-H OFFICE
Veronica Slaton, 4-H Program Rep.
vaslaton@ucdavis.edu 661-868-6235
Berney DeLaCruz, Operation Military Kids
bdelacruz@ucdavis.edu 661-868-6227
John Borba, 4-H Advisor/Interim County Director
jaborba@ucdavis.edu 661-868-6216
Fax:
661-868-6208

KERN COUNTY 4-H IS ON FACEBOOK!
Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and ‘like’ us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

CLUB WEB PAGES OR FACEBOOK PAGES
There are now IMPORTANT guidelines set in place about your club having a web page or social media page (Facebook). The 4-H Office MUST know about any club pages. There is now a form to be filled out, and signed, that is required to be kept on file. These guidelines are on our County website www.ce kern@ucdavis.edu under ‘Kern County Forms’. If your club already has one of these, please fill out the form and make sure that your page is following the policies as soon as possible.

Webinar Series for the 4hOnline Record Book
The 4-H Online Record Book (ORB) is a record keeping tool that helps 4-H members compile their annual 4-H Record Books. It also provides an arena for 4-H members to share their experiences with other members in their 4-H Club.

A webinar series is being offered during the month of February to help 4-H staff, volunteers, and youth become familiar with the system. Space is limited to the first 150 people to register for each webinar. This will be facilitated by Scott Mautte and Steven Worker at the California State 4-H Office.

The trainings offered will be as follows:

Introduction and Logging-In
Staff Version on February 8, 11-12pm
Volunteers and Youth Version on February 9, 7-8pm

Paper vs. Electric: Navigating the Forms in the Online Record Book: PDR, APR, Story
Staff Version on February 15, 11-12pm
Volunteers and Youth Version on February 16, 7-8pm

Youth Functions, Forms, and Privacy Settings
Staff Version on February 22, 11-12pm
Volunteer and Youth Version on February 23, 7-8pm

Project & Club Leader Functions and Approving Forms
Staff Version on February 29, 11-12pm
Volunteer and Youth Version on March 1, 7-8pm

To register for the webinars, go to http://www.ca4h.org/Resources/Members/RecordBook/ORB/

IDEAS THAT WORK
There are many new stories of 4-H program success happening all across California. Visit: http://www.ca4h.org/News/Media/ to read stories recently featured in the media.

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HOARD’S DAIRYMAN COW JUDGING CONTEST 2012
Hoard’s Dairyman magazine will once again be offering it’s 82nd Annual Dairy Cow Judging Contest. 4-H Clubs and members may participate by evaluating photos of different breeds of dairy cattle.
Entry deadline is March 22, 2012. For more information visit: http://www.hoards.com/youth/cowjudgingcorner
The 2012 California Camping Conference, planned for March 23-25, 2012 at YMCA Camp Campbell in Boulder Creek, CA, inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. The weekend conference offers staff, volunteers, and teen leaders the opportunity to learn new practices, acquire new skills, and network with others from all over the state. One of our key presenters will be Dr. Jim Cain who is an innovator in team building and author of several books including Raccoon Circles and Teamwork & Teamplay. The fee is $130 per person and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. on Friday and ends after lunch on Sunday. If you plan to take the archery certification there is an additional $30 fee for class material. Archery is a full twelve hour course.

For more information about the conference visit the 4-H Camp website at: http://www.ca4h.org/Programs/Camps/Conference/

To register online visit:


The University of California, Davis College of Agricultural and Environmental Sciences will hold its 36th Annual Agricultural and Environmental Sciences Field Day on March 3rd, 2012. The UC Davis CA&ES Field Day is the 2012 California 4-H State Qualifier for Poultry, Dairy and Livestock judging.

To register, go to http://www.calaged.org/registration. Select the event (2012 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link “Get Access Code”. Complete the information on the form and click the register button. Please include 4-H next to your club name on the registration form. On the following page save the registration code and register later or simply continue with the registration at this point.

Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your chapter is registered, we request that you submit a printed copy of your online registration along with your payment.

Checks should be made payable to “UC Regents” and mailed to:

Attn: Francesca Ross
College of Agricultural & Environmental Sciences
One Shields Avenue
• The 2012 California State 4-H Field Day will be held on May 26, 2012 at UC Davis. The State 4-H Field Day is a fun-filled event for the whole family, with a day of 4-H contests, activities, picnics, and meeting others. The event is composed of the State 4-H Presentation Day, State 4-H Fashion Revue, Plant Science Contest, Film Festival, Photography Contest, Interview Contest, Judging Contest, and many others! Information on the event will be available in January 2012 at http://www.ca4h.org/Programs/Events/SFD/. If you want to host an educational

• Preparing for your county and sectional/regional 2012 4-H Presentation Day? The 2012 impromptu topics are available at http://www.ca4h.org/files/72298.pdf. The 2012 Senior and Intermediate problem solving presentation fact sets are available at http://www.ca4h.org/Programs/Events/SFD/PD/. Problem Solving presentations allow the member to select a position on an issue and develop a presentation to defend that position. There is NOT pre-qualification required to enter this category at the State 4-H Presentation Day (i.e., a gold medal at a sectional competition is not required to enter the Problem Solving category). The 2012 special recognition opportunities available at http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/. Members focusing their presentation on one of these themes will earn a special pin at the State 4-H Presentation Day! The SET theme is renewable energy, the healthy living theme is healthy foods, and the citizenship theme is speakout for military kids. For questions, contact Steven Worker at smworker@ucdavis.edu.

• The State Fashion Revue Committee announces the addition of a new challenge for the 2012 SFR-Bag up Fashion Challenge. Sew a tote bag from Simplicity pattern #7161. View A only, and model it with an outfit that coordinates with the tote bag. You will not be judged on the outfit, but how the tote bag is presented and the overall appearance of your outfit. Be creative! Show off your personality in your design. This cute, easy to make tote bag will become a wonderful accessory to your wardrobe or make a great gift to give after the Fashion Revue contest. NOTE: This Simplicity pattern will be discontinued as of February 2012. Please plan to purchase your pattern early. If you are unable to find a pattern, please contact Mary from SFR committee at maryengebreth@comcast.net and we will see that your county office receives a pattern to be shared in your county. If you, your project, or your county would like more information about SFR, additional categories or service projects that will be eligible at SFR, or would like to assist our committee, please visit our website at http://www.ca4h.org/Programs/Events/SFR/.

• The Million Pillowcase Project is a national community service activity adopted for 2012 by 4-H State Fashion Revue. To participate, sew a standard-size pillow case, 20” x 30”. Bring it to State Fashion Revue on May 26 at UC Davis or have a delegate from your county deliver it. The SFR committee will collect the pillowcases and donate them to charitable organizations throughout California. Get creative with your pillowcase fabric! Add a decorative border! Design a pillowcase for a foster child, a homeless person, or perhaps a nursing home resident. For ideas and sewing instructions, go to www.allpeoplequilt.com and click on Million Pillowcase Challenge. Our goal is 500 pillowcases from California 4-H. Contact ashleyandtara@gmail.com with pillowcase questions. For more information about State Fashion Revue, go to http://www.ca4h.org/Programs/Events/SFR/.

Quilts for Wounded Warriors Service Project

The Quilts for Wounded Warriors Service Project is continuing for 2012 State Fashion Revue, as our American service personnel remain in harm’s way. These quilts are given to the injured while they are in transport or in the hospital and are taken home upon their release. These labors of love will give comfort and awareness that people care as they connect with our soldiers and become a part of the healing process. State Fashion Revue (SFR) invites you to participate. You can make a completed quilt measuring 45”x 81” to fit gurneys and beds, or you can choose to make a square(s), 12½” x 12½”. Red, white, and blue fabrics are preferred. Over 60 quilts were completed in 2011 and our goal is to break that record this year. We are also accepting donations to help with the cost of finishing quilts. Bring your quilts or squares to SFR on May 26 at UC Davis or contact teacherc2@yahoo.com or maryengebreth@comcast.net for other options.
Think about applying to the **2012-13 National 4-H GIS/GPS Leadership Team**! Adults and 4-H members (age 14 and older) are invited to apply for this national 4-H leadership opportunity. Application deadline is **February 1, 2012** to the California State 4-H Office. For more information view the application at [http://www.ca4h.org/files/133055.doc](http://www.ca4h.org/files/133055.doc) and contact Steven Worker at smworker@ucdavis.edu.

The Agriculture Council of America is seeking entries to the **2012 Ag Day Essay Contest**. High school students are invited to submit a 450 word written or two-minute video essay. The theme is "American Agriculture: Feeding the Future, Filling the Gaps." Due **February 1, 2012** at [http://www.hpj.com/agdayessay/](http://www.hpj.com/agdayessay/)

**Special Recognition at 2012 State Presentation Day**

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year’s focus area is healthy food. Potential topics may include USDA’s MyPlate, serving sizes, sugar-sweetened beverages, nutrition facts labels, food groups, nutrients, and more.

Visit [www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities) for details.

**4-H MyPlate Challenge at 2012 State Field Day**

The U.S. Department of Agriculture (USDA) recently unveiled the federal government’s new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging you to show how you’re making YOUR plate MyPlate. We invite you submit a photograph illustrating how you’re creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this new contest will be released in January as part of the 2012 Field Day packet.

**President’s Challenge Educator Booklet Available**

Created for educators, the booklet, *Building a Strong Foundation for America’s Future* is now available. The free booklet contains all the specifics of implementing a successful physical activity challenge in 4-H settings using the new Presidential Active Lifestyle Award (PALA+) or the Presidential Champions challenge. Request your free printed copy by visiting [www.presidentschallenge.org/tools-resources/booklet/index.shtml](http://www.presidentschallenge.org/tools-resources/booklet/index.shtml).
Fooducate Mobile App  (Available for download on Iphone and Android)

This application has a bar-code scanning feature that can be used to view the nutritional value of foods. 4-H food, nutrition or cooking projects will benefit from understanding more about common foods, including their nutritional value, trans fats and added sugar. The app can also compare two items, and offer healthier alternatives from its database. Visit www.fooducate.com for more information.

Come Join the Revolution of Responsibility!

2013 marks the centennial for 4-H in California and the 4-H Program will celebrate by giving back to their communities with youth-designed, youth-led projects where participants learn leadership by actually leading, collaboration by forming relationships with other groups and agencies, and citizenship skills by actively seeking opportunities to make a difference in their communities. In support of this community development work, the CA State 4-H Office has consolidated the Requests for Funding (RFP) for Service-Learning, Healthy Living, SET, and Legacy into one application. Chartered 4-H clubs/units can apply for funding up to $1,000 to support service-learning projects related to their club or project activities by submitting the proposal. An on-line application is available at: http://ucanr.org/join/. Applications will be accepted for a third submission round until April 15, 2012. For more information check out the web site at: http://www.ca4h.org/Support/RofR/ or contact Pat English at: penglish@ucdavis.edu.

The Foundation for the Preservation of Honey Bees, Inc. is sponsoring the 2012 4-H Honey Bee Essay Contest. Entries are due electronically and must be received on or before February 17, 2012 to Eric Mussen, ecmussen@ucdavis.edu. Please visit http://www.ca4h.org/files/131259.pdf for contest rules and essay topic.

Check it out...our new website!

Our website has had quite an update! Stop by and look around our very informative and super helpful website. Bookmark it, save it as a favorite! Visit us at: http://cekern.ucdavis.edu/YouthDevelopment/
2012 4-H PRESENTATION DAY  
MARCH 31, 2012

4-H Presentation Day is designed to give 4-H members experience in public speaking skills. The event is scheduled for Saturday, March 31, 2012 at General Shafter School, located at 1825 Shafter Road, in Bakersfield. Individuals and teams must pre-register for the event using the form below. Judges are needed for all grades and categories. Please contact John Borba at 661-868-6200 if you would like to judge.

The schedule for the presentation day is as follows:

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 31, 2012 9:00 a.m.</td>
<td>Judge’s Orientation</td>
</tr>
<tr>
<td></td>
<td>M.C. Orientation</td>
</tr>
<tr>
<td></td>
<td>Presenter’s Arrive</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Presentations Begin</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Awards Assembly</td>
</tr>
</tbody>
</table>

2012 4-H PRESENTATION DAY ENTRY FORM  
DUE OR POSMARKED BY MARCH 23, 2012

Mail to:  Presentation Day Entries  
UCCE Kern County  
1031 S. Mt. Vernon Avenue  
Bakersfield, CA 93307

4-H Club: ________________________________

[ ] Individual Presentation  [ ] Indoor Presentation
[ ] Team Presentation   [ ] Outdoor Presentation

(Team entries must be submitted on one form with names, grades, & ages for all team members)

Name: ________________________________  Grade: ____________  Age: _________
Name: ________________________________  Grade: ____________  Age: _________
Name: ________________________________  Grade: ____________  Age: _________

Title or Subject: ________________________________

Category of Presentation:

[ ] Demonstration-Traditional  
(1-3 members)
[ ] Interpretive Reading  
(Individual Only)
[ ] Educational Display  
(1-2 members)
[ ] Illustrated Talk-Traditional  
(1-3 members)
[ ] Job Interview  
(High-School Age Only)
[ ] Problem Solving Presentation  
(1-2 members)
[ ] Prepared Speech  
(Individuals Only)
[ ] Demonstration-Scientific  
(1-3 members)
[ ] Audio Visual Presentation  
(1-2 members)
[ ] Impromptu Speech  
(Individual Only, 6th grade +)
[ ] Illustrated Talk-Scientific  
(1-3 members)
[ ] Cultural Arts  
(Individual or Groups)

Information regarding the above categories and scoring sheet can be found in the “4-H Presentation Manual.” The manual can be accessed on the web at http://www.ca4h.org/files/2193.pdf